

Report- Disaster Management Avahan Camp 2023-2024.

Event: Disaster Management Avahan Camp 2023-2024.

Date: 25th December, 2023 to 3rd December, 2024.

Objectives: To create awareness and educate volunteers about the various aspects of disaster management, such as preparedness, response, and recovery.

Highlight: The NSS volunteers of S.M. Shetty College of Science, Commerce, and Management Studies Powai participated Disaster Management Avahan Camp 2023-2024. The Camp begin with the inauguration session with the lighting of the lamp, followed by the National Song and Maharashtra State songs, an introduction of the chief guest, a speech by the chief guest, and remarks from the Director of Gondwana University Gadchiroli, concluding with a photo session and basic camp orientation. Following the opening ceremony, at 3:00 pm, NDRA officers arrived and introduced themselves before providing essential information on disaster management, emphasizing its importance. They proceeded to educate us on soft tissue injuries, explaining how they occur during physical activity such as sports and how to effectively manage them.

On the Next day, a comprehensive lecture on disaster preparedness was provided, covering precautionary measures to take before a disaster strikes in the morning. Additionally, instruction on CPR (Cardiopulmonary Resuscitation) was given and demonstrating on how to assist someone experiencing a heart attack. One practical session was also schedule emphasizing its critical role in potentially saving lives within a crucial 10-minute window. Day ended with the meet with the sir where volunteers were acknowledge with the schedule of next day.

On the third day, a comprehensive session covered various natural disasters including cloud bursting, volcanoes, cyclones, heat and cold waves, educating on

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how to manage them effectively, including preparing for extreme temperatures and assembling first aid kits. Volunteers Additionally, Volunteers learned about snake bites, identifying the three highly poisonous snake species in India, concluding the day with an extensive discussion on these topics. At the end of the day, a meeting was conducted to inform volunteers about the next day's schedule.

The next day, Volunteers participated in a session focusing on muscle and scar injuries, learning techniques to alleviate pain and stabilize individuals involved in accidents. It was a very helpful session for volunteers. Further, an additional session was conducted and instructions were provided on proper lifting and moving procedures to assist injured persons and transport them safely to medical facilities.

On Fifth Day, a significant practical session on flooding was conducted, involving hands-on experience with boating on a river, accompanied by detailed instruction on various types of boats, their capacities, speeds, and considerations for accommodating people in the event of a flood. Volunteers performed very well during the practical session. Volunteers were also informed about the next day's schedule and a day review meeting was taken place after the dinner.

Next day, a session was held on knot tying, covering different types of knots applicable for climbing and demonstrating how to create modified knots using materials such as ropes, nylon cloth, or even a t-shirt. This was followed by a practical session that provided hands-on experience, which was highly beneficial for the volunteers.

On the final day of the camp, an exam was conducted based on the things taught by the resource persons throughout the camp sessions, followed by a practical for the top 10 scorers in the exam. The closing ceremony of the camp featured dance performances, individual reflections on the camp experience, speeches by

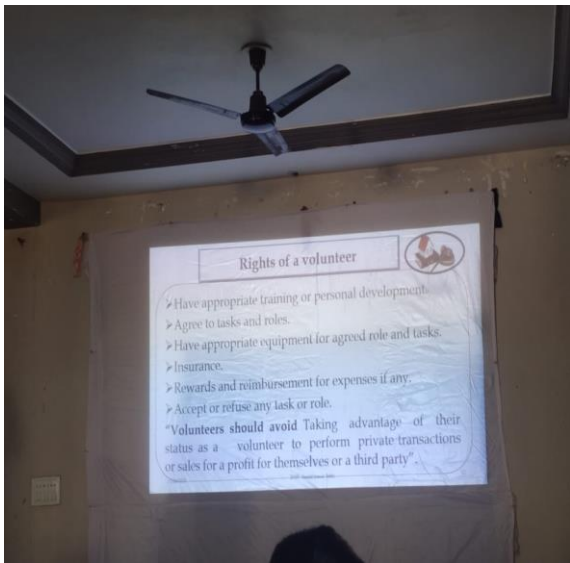
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participants and the Director of Gondwana University, The Camp concluded with the valedictory function in which the distribution of trophies along with renditions of the national anthem, Maharashtra songs, and the Avhan song, winding up the camp.

Total number of Volunteers: 1

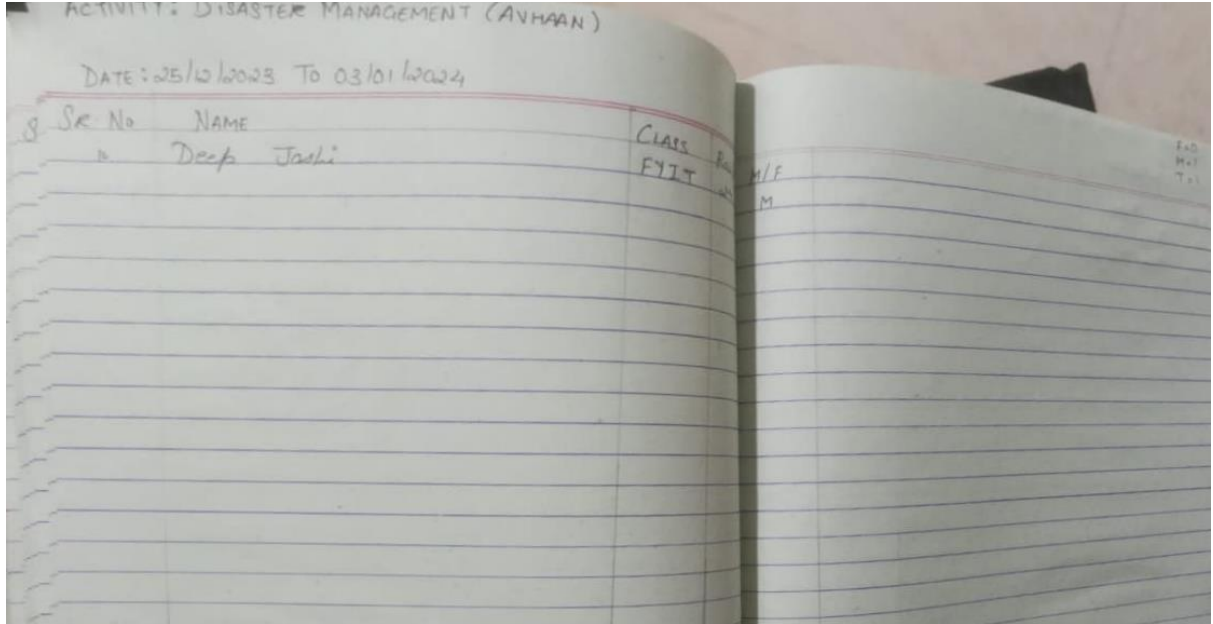
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Photos:



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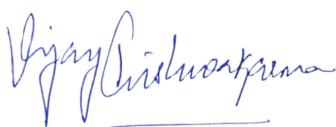
Participants List:




ACTIVITY: DISASTER MANAGEMENT (AVHAAN)

DATE: 25/10/2023 To 03/01/2024

Sr No	NAME	CLASS	Roll No	M/F
1	Deep Jashi	FYIT		M



NSS Programme Officer



Principal